



FULHAM REACH BOAT CLUB

EST. 2014

## Code of conduct - Juniors

- Respect the coaches and their decisions.
- Keep to agreed timings for training and competitions, or tell your coach if you are going to be late. If you turn up late to a water session we cannot guarantee that you will get in a boat for that session.
- You must wear suitable kit, for example, layers of lightweight clothing suitable for the weather conditions, and sports shoes. These must provide adequate warmth (e.g. windproof clothing) and protection from the weather (e.g. long sleeved tops and hats) for training and competitions. If in doubt, please speak to a coach.
- Act in a sportsmanlike way during training and competition.
- Treat other competitors, coaches, other water users and officials of clubs, competitions and events with respect.
- Avoid swearing or shouting at others.
- Do not threaten others or engage in acts of verbal or physical abuse, or other types of abuse.
- Respect the rights, dignity and worth of other participants, and not discriminate on the grounds of gender, race, colour, disability, sexuality, age, marital status, occupation or political opinion.
- Pay any fees for training or events promptly.
- You are not allowed to smoke on club premises or whilst representing the club at competitions.
- You are not allowed to consume alcohol or drugs of any kind on the club premises or whilst representing the club.

## Code of conduct - Parents or Carers

- Encourage your child to learn the rules, and play within them.
- Discourage unfair play and arguing with officials.
- Help your child to recognise good performance, not just good results.
- Never force your child to take part.
- Set a good example by recognising fair play and applauding good performances from all.
- Never punish or belittle a child for losing or making mistakes.
- Publicly accept officials' judgements.
- Support your child's involvement and help them to enjoy their sport.
- Use correct and proper language at all times.
- Guide participants to accept responsibility for their own performance and behaviour.